FAQs about Cheer Tryouts!

1. So, I hear there are going to be two cheer teams at MMS, what’s that about?

That is correct!! More opportunities for more kids to support Montford athletics!! There will be a football cheer team AND a basketball cheer team. Football season runs August – October (about 8 weeks) and Basketball season has eight games between October - February. There will be one tryout for the football team in July and another tryout for the basketball team in September. Athletes can participate in either team or both teams! Each cheer team will have separate seasons, but practices will start right away and may be combined with both teams from time to time!

1. What do I need to do to tryout?

Complete the Registration process on Microsoft Forms on our website!

1. **Complete your child’s registration at** [**https://www.aktivate.com/**](https://www.aktivate.com/) **BEFORE July 28th**!
2. Attend the tryout clinic July 28 – 31 from 3:00 – 5:00pm in our gym.
3. Tryouts will begin at 3:00 on Thursday, July 31st!
4. What do I need to wear?

For the three clinic days, you need a sports bra, t-shirt or tank top, athletic shorts, tennis shoes and your hair pulled up out of your face. We will put a number on your leg each day so you’ll need to be in shorts all four days.

\*For the tryout day, you’ll need all of the above but your shorts will need to be black and your shirt will need to be a white tank top.

1. What do I need to be able to do for tryouts?

You will be taught two cheers, a cheer dance, and a band dance on the three days of the clinic. These will not be posted online, so it’s important you attend all three days of the clinic. Each candidate will also be asked to show the judges a toe touch.

1. Do I need to be able to tumble to try out?

You do not need to be able to tumble, but those who do typically score higher at tryouts!

Tumbling consists of a standing back handspring or standing tuck, and running tumbling could be a roundoff to back handspring, or multiple back handsprings or to a tuck or layout. (Cartwheels, roundoffs and aerials are not considered tumbling…) If you do not tumble, you will be asked to do a hurdler jump instead.

1. When do I find out if I made the team? We will post the numbers of the athletes who made the team Thursday night on our website along with additional information for the season!
2. What if I am unable to attend the clinic / tryouts on July 28 – 31st? You will have an opportunity to try out again in September when we have basketball cheer team tryouts!
3. What do my grades have to be? If you are worried about this question, you probably should not try out. Academics will always come first and then cheerleading. We pull grades each game week and if you have any Fs, you are not allowed to dress out at school on the game days nor participate in the game that night.
4. What about behavior at school? Cheerleaders are always held to a higher standard than other kids at the school – it’s just the way it is so your behavior is very important to us! Everyone makes mistakes and we understand that, but multiple behavioral consequences (lunch detentions or In School Suspension) will result in removal from the team. An Out of School suspension is an automatic removal from the team for the rest of the season. This is completely preventable so just make good choices, do your schoolwork and listen to your teachers and you’ll be fine! 😊
5. How much does it cost to be a Montford Cheerleader? Each year the fees are a little different, but it’s roughly $500.00 dollars. Returning girls don’t usually need to purchase the long sleeve crop tops, bows, poms or the shorts that go under the uniforms, so their cost is much less. Football cheerleaders will be purchasing their own uniforms this year, but the uniform will be yours to keep!
6. When are cheer practices – They are BEFORE school one to two mornings a week from 8:00 – 9:00am.
7. Are there any weekends required? There are two weekends required for the football cheer team and one Saturday for the basketball team this year! Both teams will be practicing at Cheer Nation Athletics on these weekends!

We perform at several events outside of the season games – Winter parade, Breast Cancer Awareness events, Mustangs United event, and the LCS Middle School Showcase.

There are many high school girls who would love to make a little extra money to help you!! Feel free to reach out to them if you’re interested in this. Good luck and we look forward to seeing everyone at the clinic on July 28th at 3:00pm!!.



GO MUSTANGS!